

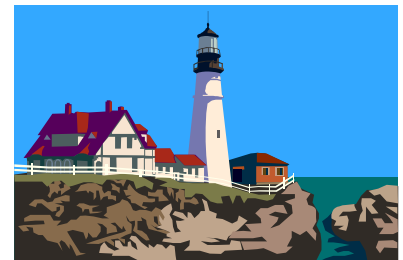


PHYSICAL THERAPY— Major Steps

Thinking about a career as a Physical Therapist?

- Advanced Algebra. Recommend Pre-Calculus
- Two or more years of foreign language
- Four years of English. Develop strong writing skills
- Biology, Chemistry, Physics, Statistics, Psychology
- Computer classes particularly Word and Excel will be helpful

If you've ever needed the services of a physical therapist (PT), you will undoubtedly agree with the important role they play in a patient's recovery. PT's review the doctor's referral and examine the patient's medical history, evaluate his/her physical condition and develop a treatment plan. A patient's progress is continually checked and modified when necessary.



Caption describing picture or graphic.

PTs use a wide range of treatments. They make sure patients understand how the treatments work and answer questions. They exercise patients to improve flexibility and strength. They administer hot and cold packs to reduce pain. They use ultrasound and electrical stimulation to reduce pain and improve function. Sometimes therapists give deep tissue massage to their patients. They may refer patients for prosthetic devices, such as artificial replacements for legs or arms. In addition, therapists teach patients to do exercises at home and to use canes and crutches.

PTs work in hospitals, clinics, rehabilitation centers and home health care programs. Physical therapists frequently stand for long periods of time. They also

Work with your faculty advisor

Working with a Pre-Physical Therapy faculty advisor can be an invaluable resource for you. Your faculty advisor can provide you with information about class selection, sequencing of courses, in-

ternships and differences between various physical therapy schools. Having a letter of recommendation written by faculty who really know you can enhance your application to a physical therapy school as

well as a future job.

To request a faculty advisor go to <http://www.highline.edu/stuserv/edplanning/request.advisor.htm>

Physical Therapy Admission



EASTERN WASHINGTON UNIVERSITY (Fall admission only)

Biology& 241 and 242

Chemistry& 161, 162, and 163

Mathematics& 146 or Business 210

Physics 201, 202 and 203

2 courses in Psychology, Sociology or Anthropology

Eastern's Physical Therapy department also requires an upper division physiology class and another upper division biology course which can ONLY be taken at a four-year school. Prerequisites must be less than 7 years old by the time of application.

For application requirements, go to: <http://www.ewu.edu>

UNIVERSITY OF PUGET SOUND (Fall admission only)

Biology& 241 and 242

Chemistry& 121 and 131 or Chemistry& 161, 162, and 163

Physics 201, 202 and 203

Business 210 or Mathematics& 146

Choose from one of the following: Psychology& 100 or 202 or 200 or 205 or 220

For application requirements, go to: <http://www.ups.edu>

UNIVERSITY OF WASHINGTON-SEATTLE (Fall admission only)

Biology& 241, 242 and 260

Chemistry& 121 and 131 or Chemistry 161 and 162

Physics 201, 202 and 203

2 courses in Psychology, Sociology or Anthropology

Mathematics& 146 or Business 210

For application requirements, go to: <http://www.washington.edu>

Please be aware that admission to any physical therapy program is highly competitive. You should strive to attain well above a 3.00 GPA in your pre-requisite courses.

It is also important that you have physical therapy volunteer or work experience in a health care facility. Physical therapy schools usually require that you have worked under the supervision of a physical therapist. Furthermore, you will need to ask a physical therapist to write a letter of reference for future admission.

Every effort has been made to provide current and accurate information. Please contact school of interest directly to verify course requirements.