



Major Steps — Psychology

Are you considering a major in Psychology?

While in High School:

- Complete Intermediate Algebra
- Enroll in four years of English classes
- Develop strong oral and written communication skills
- Complete at least two years of a Foreign Language

A Psychology major can provide you with an understanding of human behavior, a foundation in critical thinking, and interpersonal communication skills. These competencies are applicable to a wide variety of fields including business, social work, education, criminal justice, human relations, health/recreation and counseling,

Pursuing a major like psychology requires that you determine the professional setting where you would like to work. You can enhance your future employment options by



“The unexamined life is not worth living.” Socrates

volunteering or working in some type of human services field while you are a student. Meeting with your faculty advisor to explore the educational and career pathways can be very helpful to career and educational planning.

A faculty advisor can help you select specific classes

depending on the program or university you are interested in pursuing. Other options within the Psychology field include the following:

- Teaching
 - Counseling Psychology
 - Forensic Psychology
 - Social Work
 - Sports Psychology
 - Industrial/Organizational Psych.
 - Health Psychology
 - Clinical Psychology
 - School Psychology
- *A Masters or Doctorate usually required.

Working with your faculty advisor

Your faculty advisor can be an invaluable resource for you. A faculty advisor can provide you with advice about class selection and sequencing, careers, and the differences between baccalaureate Psychology

programs as well as degree programs in general. To request an advisor, email edplanning@highline.edu or stop by the Educational Planning and Advising Center in Building 6. Educational Planning and Advis-

ing provide drop-in hours during the following times:
 8 a.m.—7 p.m. Mon & Tues
 8 a.m.—5 p.m. Wed & Thur
 9 a.m.—5 p.m. Fri
 On Thursdays EPAC is closed from 2 to 3 p.m.

How can you prepare for a major in Psychology while attending Highline?

Students planning to transfer into a Psychology major at a university should plan to complete the Associate of Arts (AA) degree. Depending on the school and program you plan to attend, you may select to complete either the AA Method 1 or 2. Talk to your advisor about which option is best for you.

To prepare for a Psychology major, it can be beneficial to enroll for the following classes* while at Highline:

ENGLISH&101, ENGLISH 205

BIOLOGY& 100 or
BIOLOGY 118
PSYCHOLOGY& 100, 200, 220
PSYCHOLOGY 202 or 250*
MATH 111 or MATH& 146



Each of us needs to understand ourselves and understand others.

Most programs require 2 years of high school foreign language or two quarters of college foreign language. To graduate from the university, you may need to complete a third quarter of a foreign language or the equivalent.

*Select your classes after you talk to a faculty advisor.

Researching Psychology

Check out this website PsycCareers.apa.org.

Read [Careers in Psychology: Opportunities in a Changing World](#) by Kather & Morgan.

Washington Public Colleges and Universities Offering a Psychology Major/Concentration

All websites begin with <http://www>

U. of Washington - Seattle
washington.edu/

U. of Washington - Tacoma
tacoma.washington.edu/

Central Washington U.
cwu.edu/

Eastern Washington U.
ewu.edu/

Western Washington U.
wwu.edu/

Washington State U.
wsu.edu/

Every effort has been made to provide current, accurate publication content. Students should seek additional information from HCC and university advisors.

Washington Private College and Universities Offering a Psychology Major/Concentration

Antioch University
antiochsea.edu/

Argosy University
argosy.edu

Basytr University (Health Psyc)
bastyr.edu/

City University (Applied)
cityu.edu/

Gonzaga University
gonzaga.edu/

Pacific Lutheran University
plu.edu/

Phoenix University
phoenix.edu/

Saint Martin's University
stmartin.edu/

Seattle Pacific University
spu.edu/

Seattle University
seattleu.edu/

Trinity Lutheran College
tlc.edu/

University of Puget Sound
ups.edu/

Walla Walla University
wallawalla.edu/

Whitman College
whitman.edu/

Whitworth University